

### Guidance on driver fitness for duty:

- a driver is required to present him or herself in a fit state for duty taking into account any other work he or she has done;
- a driver must not be impaired by alcohol or drug use;
- a driver should be in a fit state to perform the work while working;
- develop a written policy on fitness for duty in consultation with employees and unions;
- provide an appropriate truck sleeper berth if drivers will need to sleep in the vehicle;
- require regular assessment of a driver's health by a suitably qualified medical practitioner;
- ensure that the medical assessment includes consideration of sleep disorders and other fatigue-related conditions;
- identify health problems that affect the ability to work safely, eg diabetes;
- advise of appropriate employee assistance programs if necessary and practicable;
- provide drivers with information and assistance to promote management of their health;
- provide a working environment that meets appropriate Australian standards for seating and sleeping accommodation; and
- provide vehicles and other accommodation with suitable facilities for rest.